

Telephone Counseling Service

Please call us if you think you or others around you have problems because of pachinko or pachislot play.

Approved Specified Nonprofit Corporation
Pachinko Addiction Problem Counseling Organization

Recovery Support Network

Free Telephone Counseling

(toll charge apply)

050-3541-6420

Mon to Fri (closed Sat, Sun & holidays)
10:00 to 22:00 (last call by 21:30)

We welcome calls from people having problems with getting seriously “hooked” to playing pachinko or pachislot, as well as their family members and friends.

Our experienced and trained counselors are available to talk with you and introduce you to public organizations in your area.

rsn pachinko



Mental Health and Welfare Centers

(Kokoro no Soudan Dial)

Counseling Helpline

(National Number)

0570-064-556

This phone number will connect you to the nearest public counseling service. Counselors from the Prefectural or Designated City’s Mental Health and Welfare Center are on hand to talk with those who are suffering from mental problems or illness, as well as their families and friends. In-person counseling along with information about specialized medical clinics and local counseling services are also available.

mental health help japan



Pachinko & Pachislot: Things you need to know to enjoy play

These pamphlets are available in other languages.



<https://www.rsndesign.jp/language>

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For Seniors: Things you need to know

Pachinko & Pachislot:
Things you need to know
to enjoy play

05

Introduction

Since many senior players have played pachinko or pachislot for a long time, there are few who get hooked like young adults because of beginner's luck.

However, there are things which seniors should know and be careful about.

Set Money and Time Limits for Play

Divide the money needed to live such as for rent, food, utilities and medical care, and the money which is okay to use for entertainment.

Spend savings needed to support your lifestyle now and in the future go above and beyond entertainment.

Also, money problems have a bad effect on health.

✓ **Divide** money which is okay and not okay to spend.

✓ **Set limits on money and time** before play.

SAFETY?

Keep Interest in Other Entertainment and Hobbies

Are you fixed on only pachinko or pachislot?
Live everyday feeling healthy and fulfilled by having many well-balanced hobbies and interest.

Never Leave Children in the Car

If you look after grandchildren, do take plenty of care and caution so that their health and safety are not in danger while you play.
(Leaving children alone in a car is a crime!)

Don't Play If You are Not Feeling Well

If you are not feeling well, don't play pachinko. Also, if you are taking medicine, it may impair your judgment and cause you to get hooked to the game.
When your body and mind is not well, the chance of making a bad decision will increase. Please be careful.

Ask a Pachinko Hall Staff

Ask a pachinko hall staff if there is something that you don't understand. The staff will politely explain about new services and machine features. Please play without any concerns or worries.

Don't Struggle Alone, Talk to Someone

If your play makes you feel that you have problems or cause worries to people around you, then talk to someone immediately.

Talk in the Hall

A Reliable Presence in Pachinko Halls:
Safe Play Pachinko and Pachislot Advisor

Staff knowledgeable in pachinko addiction problems is available for consultation with customers.

Talk on the Phone

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This is a helpline which offers free consultation. If needed, they will be able to introduce organizations and public offices all across Japan.