

## Telephone Counseling Service

Please call us if you think you or others around you have problems because of pachinko or pachislot play.

Approved Specified Nonprofit Corporation  
Pachinko Addiction Problem Counseling Organization

## Recovery Support Network

### Free Telephone Counseling

(toll charge apply)

050-3541-6420

Mon to Fri (closed Sat, Sun & holidays)  
10:00 to 22:00 (last call by 21:30)

We welcome calls from people having problems with getting seriously “hooked” to playing pachinko or pachislot, as well as their family members and friends.

Our experienced and trained counselors are available to talk with you and introduce you to public organizations in your area.

rsn pachinko



## Mental Health and Welfare Centers

(Kokoro no Soudan Dial)

### Counseling Helpline

(National Number)

0570-064-556

This phone number will connect you to the nearest public counseling service. Counselors from the Prefectural or Designated City’s Mental Health and Welfare Center are on hand to talk with those who are suffering from mental problems or illness, as well as their families and friends. In-person counseling along with information about specialized medical clinics and local counseling services are also available.

mental health help japan



## Pachinko & Pachislot: Things you need to know to enjoy play

These pamphlets are available in other languages.



<https://www.rsndesign.jp/language>

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## Recovery Support Network

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# For Young Adults: Things you need to know

Pachinko & Pachislot:  
Things you need to know  
to enjoy play

04

## Introduction

Young people tend to see “danger” in play as fun or think about it lightly.

**Pachinko and pachislot are entertainment which use up money and time.**

Understand that gambling is not a way to increase your money, and find the play style that fits you so that you can enjoy playing it safely.

**\*The law is anyone under 18 years old cannot enter a pachinko hall.**

**Learn to Play First!**

Have any concerns or worries?

Before you play, we suggested getting information not only from the internet or magazines, but also from the pachinko hall staff.

The staff can tell you about the machines and the house rules.

**When you play, make sure that you are not feeling concerned or worried.**

**Know the Right Information about Pachinko and Pachislot!!**

Be careful about false information!!

You cannot always increase your winnings even if you are a highly-skilled player and have plenty of information about pachinko or pachislot.

**Play safe, and don't be fooled by rumors and false information.**

# Protect Your Money and Time, and Protect Yourself!

## Are You Really Okay to Spend the Money?

When money for food, rent and utilities is spent to play, it no longer becomes an entertainment. For young people, even a small amount over what they can afford can disrupt their lifestyle. To play safe, it is important to **set a money limit that you feel comfortable with and play within the limit.**

## Balance Out With Other Hobbies

Do you think people who are cool and are good players **have well-balanced interests and hobbies** that they enjoy, and lead a satisfying lifestyle?

## Never Leave Children in the Car!

If you have children, do take plenty of care and caution so that their health and safety are not in danger while you play. **(Leaving children alone in a car is a crime!)**

## Take Good Care of Your Time

Have you seen or heard about people who regret wasting their time for work or school, or to be with someone important to them because they got hooked on pachinko or pachislot? You can prevent yourself from getting seriously hooked and overspending your money by **creating a habit of setting a time limit for play and stopping when the time is up.**

## Don't Struggle Alone, Talk to Someone

If your play makes you feel that you have problems or causes worries to people around you, then **talk to someone immediately.**

## Don't Be Fooled by Winning Formulas and Rumors

**False information and rumors** can cause misunderstanding which may cause danger to the player during play.

## There are Free Services to Enjoy Playing Pachinko and Pachislot Safely!

Do you play safe? Or do you actually play dangerously? If you want to find out, there are convenient services which you can use.

### Approved Specified Nonprofit Corporation Pachinko Addiction Problem Counseling Organization **Recovery Support Network**

This is a helpline which offers free consultation. If needed, they will be able to introduce organizations and public offices all across Japan. For details, please check their website.

rsn pachinko



### **A Reliable Presence in Pachinko Halls: Safe Play Pachinko and Pachislot Advisor**

Staff knowledgeable in pachinko addiction problems is available for consultation with customers.

### **Play Safety Level Self-Check App “Parlor Jekyll and Hyde”**



Available on the App Store

Available on Google play